

2-6 Gators overrun Grafenwoehr training area

By 1st Lt. Dan W. Samek
2-6 Infantry Battalion

Grafenwoehr Training Area was invaded by the 2-6 Infantry Battalion "Gators" from Baumholder, Germany as they conducted their semiannual gunnery and live fire evaluations Nov. 27 through Dec. 18. Enduring subzero temperatures throughout the weeks of training, the soldiers of 2-6 Infantry conducted their most important tasks of the year, qualifying on every weapon system from the M16 rifle to the Dragon antitank missile, to the Bradley Fighting Vehicle.

The Bradley crew members qualified on their vehicle weapons systems



A soldier from 2-6 Infantry Battalion fires a Dragon anti-tank missile.

through a series of graduated exercises designed to test their ability to acquire and destroy simulated enemy vehicles while under a severe time constraint.

The rifle squads that deploy from the Bradley's to engage enemy light infantry troops qualified on their individual weapons and then moved into squad live fire exercises where every weapon system they employ was brought to bear on simulated enemy troops who operated from a bunker-trench system.

The final event, which qualifies individual infantry platoons, was the combined live fire exercises where both the Bradley Fighting Vehicles and the rifle squads are combined to show the devastating firepower which a modern infantry platoon can deliver.

While the vehicles engage a variety of enemy targets with their main gun and missile system, the rifle squad deploys from the vehicle and begins to maneuver toward the enemy-held area, engaging targets with a withering hail of rifle and machine gun fire. When they encounter enemy bunkers and vehicles, they employ the man-portable missile systems, the Dragon and AT-4, to destroy them.

All in all, it is an exhilarating exercise that instills confidence in the soldiers'



Photos by Maj. Blaise Cornell-d'Echert

Soldiers from 2-6 Infantry go through their paces in subzero temperatures at the Grafenwoehr training area.

ability to operate together to overcome any obstacle they may face on the battlefield.

The next test for the soldiers of 2-6 Infantry will be their CMTC rotation during February and March where their tactical skills will be put to the test as they face the vaunted OPFOR of

Hohenfels. 2-6 Infantry will take part in a Brigade-wide exercise at CMTC that will take place throughout the winter of 2000. The CMTC rotation is a semiannual training event designed to prepare units for high intensity conflicts that the United States Army may face in the future.

Students plan for college with help from Baumholder grads

Students at Baumholder American High School are exploring every possible avenue to higher education. With the assistance of Shirley Lips, counselor at Baumholder American High School, students participated in a panel discussion with Baumholder graduates.

Lips went the extra mile to contact former Baumholder American High School graduates that would be returning to Baumholder for the holidays. She organized an assembly for juniors and seniors so they could hear first hand about the college experiences of Baumholder graduates.

Five former Baumholder students were in the area and participated in the assembly. Anthony Jackson, sophomore at the University of South Florida; Alexander Jackson, freshman attending University of South Florida; Lizzie Bishop, freshman attending St. Edward's University in Texas; Cheri Carper Rook, freshman attending University of Maryland Mannheim Campus; and Anita Arvelo, freshman attending Truman State University in Missouri were the students on the panel.

The panel of students discussed their experiences regarding classes, campus life, dorm living, and self-responsibility. During the question and answer period, the high school stu-



Photo by Peggy Hoffman-Schmidt

From left, Daniel Hildon, Aaron Prenot and Katherine Rose, juniors at Baumholder American High School, reflect on their discussion with former high school students who came back to share their college experiences with them.

dents found many similarities as well as differences among the universities represented.

After the assembly, positive comments were heard from the students. Aaron Prenot felt the experience was eye opening.

"This made me really look forward to college. I learned a lot about how college schedules worked and it was a relief for me to learn that if I managed my time correctly, I could work to pay my

expenses, but still be a college student. Now I know I can do it," he said.

Daniel Hildon added, "It is important to start practicing time management skills now. The college students let me know that I had a lot of freedom and choices in college, but making the right choices is important to learn."

Katherine Rose felt relief when she received an explanation of how communal bathrooms work. "The organization of these is not as bad as I had

envisioned." Katherine also emphasized the importance of practicing self-responsibility. "You could hear that over and over again. This is important to be successful."

Although there are many advantages to living overseas and learning about the European culture, high school students do not have the ease or accessibility of visiting campuses while making their choices for a university or college.

Lips ensures that she has up-to-date catalogs on file. She also assists students in accessing the Internet to receive cyber views of the colleges and universities.

She finds out where "College Night" activities are being held in the fall and ensures that students have access to available opportunities to learn more about schools.

Baumholder American High School is planning a "College Night" this spring in conjunction with the soldiers and family members of the Baumholder Military Community.

The main focus will be to assist juniors in learning more about their choices and gaining information about schools for which they may have an interest. Many sophomores with thoughts of college are also anxious to attend.

Wrestlers rack up medals, first place at USAREUR

By Ignacio "Iggy" Rubalcava
222nd Base Support Battalion Public Affairs Office

They don't call Baumholder the Home of Champions for nothing. Baumholder's wrestling team walked off the mat with 11 individual medals and first place honors in both Greco Roman and freestyle competition at the recent U.S. Armed Forces European Wrestling Championships in Heidelberg.

Confident at first that the team would perform well at USAREUR, wrestling coach William Gunter became a little apprehensive going into the competition. "I was scared at first because Italy brought a team just as large as ours," he said. "It was close at the beginning but in the second half of the competition we pulled away from them."

This is truly a community team explained Gunter. "In addition to the excellent support we receive from the Baumholder sports staff, we also receive support from the local Rueschberg team, who allows us to wrestle with them weekly. Working out with the German team is very much a part of our secret to success," said Gunter.

For the past two years, the team has finished either in first or second place

in nine of the 11 tournaments it has competed in, explained Gunter.

Donald R. Fleitz, a soldier from Headquarters, Headquarters Company, 1-6 Infantry Battalion, earned an individual first place

for freestyle and Greco Roman in the 155 Lbs. weight class. His track record includes a first place victory in Greco Roman style and a second place in freestyle while wrestling in the 152 Lbs. weight class in 1998. In 1997 he took first in Greco Roman and freestyle while weighing in at 138 Lbs.

Fleitz is gone from the Baumholder wrestling scene now but he was selected to attend the All-Army trials.

Lamarchie Smith, another soldier from 1-6 Infantry Battalion, was also selected to attend the All-Army trials, currently under way at Fort Carson, Co.

This is Fleitz's second consecutive

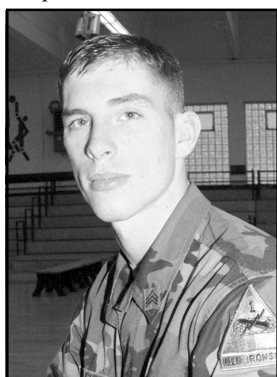


Photo by Ignacio "Iggy" Rubalcava
Fleitz

selection to the All-Army trials.

"This year I felt good and I had a real good season," said the 23-year-old Fleitz from Temperance, Mich. "Last year I was hurt a little bit so I was kind of down. In '97 I had a real good season, so, I think I'll do well at the Army trials. I'm healthy and I haven't had any injuries this year and I feel strong," he said.

Charles W. Ashcraft, also from HHC, 1-6 Infantry, was named as the most improved wrestler for the season.

"I haven't wrestled for approximately five years, so I was a little rusty. I've done very well in the last two tournaments, though, placing first and second in Hohenfels and second and third in the USAREUR competition" said Ashcraft.

Ashcraft earned two second place



Photo by Ignacio "Iggy" Rubalcava
Ashcraft

finishes in Giesen and a second place finish in Baumholder. He said he wasn't expected to do that well, coming back after a five year break. "I got my groove back at the end of the season and by next season I expect to win USAREUR. I lost by a point this year," he said.

Weighing in at 187 Lbs., Ashcraft considers himself small. "There were a lot of people that were stronger than me this season. I'm a small guy so I wrestled up a weight class and mainly used my technique. A lot of my technique was new technique that the sergeant major (Coach Gunter) showed me. It's a different style of wrestling," he said.

Ashcraft, a native of Covington, Ky., started wrestling while in the ninth grade. In his senior year he went to the state finals. "I didn't go on to wrestle in college because I had an injury, so the college scholarship was dropped," he said.

He came to Baumholder about nine months ago when many of the soldiers were deployed. When he learned that the sergeant major was the coach, he figured this would be a good wrestling team.

"He could pull the strings to allow you to wrestle. When he came back I asked him if I could try out and the rest is history."

Post Notes

ACAP
mil 485-6741

ACAP readies for millennium

The Army Career and Alumni Program office can help soldiers learn about their Veterans Administration benefits for the millennium at the next VA briefing Feb. 15 from 8:30 a.m. to noon. The VA representative will also be available for individual counseling after the briefing. Contact the ACAP office at mil 485-6330/6741 for more details. Transitioning soldiers and their family members can take advantage of the following ACAP classes in January and February:

Preseparation Briefing: This briefing is mandatory for separating soldiers. Orders are not required to attend. All soldiers must attend a Preseparation Briefing no later than 90 days prior to their separation date.

Feb. 1 at 8:30 a.m.-noon

Feb. 15 from 8:30 a.m.-noon* VA briefing

Workshop Seminar: Topics include, skill identification, resume writing, networking, references, and interviewing. This is a two-day event and clients

must attend both days.

Feb. 1 from 1-4 p.m. and Feb. 2 from 8:30 a.m. to 4 p.m.

Feb. 15 from 1-4 p.m. and Feb. 16 from 8:30 a.m. to 4 p.m.

For more information or to reserve a space for all classes, call ACAP at mil 485-6741/6330 civ 06783-6-6741/6330.

ACS
485-7196

ACS at a glance

A newcomers coffee is scheduled from 9 to 11 a.m. Feb. 1; March 7 and April 4 in the Army Community Services lounge.

Army Community Service and the Baumholder Library are offering story hour for children in the morning due to many requests from the community. This month, story hour is offered 10 to 11 a.m., Jan. 13 at the Baumholder Library. Upcoming story hours will be offered Jan. 27; Feb. 10, 24; March 9, 23; and April 13, 27.

People who would like to be a guest reader may contact the ACS Outreach Program at mil 485-6252.

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Boxers bring home second

By Ignacio "Iggy" Rubalcava
222nd Base Support Battalion Public Affairs Office

After just two weeks of training, a team of novice boxers from Baumholder finished second as a community team at a recent German-American boxing match at the Patton Fitness Center in Heidelberg.

"With two weeks of training I think my guys actually did good to come up with second place," said William Kenneth, Baumholder's boxing coach.

Baumholder went into the competition with four boxers. Christopher Myers, won his match, stopping his opponent with a second round KO. Christopher Calhoun also won his match with a first round KO.

Heavyweight Jorel Isacc lost on a decision. Lehman Ware also lost his match. Overall, though, the team managed to rake enough points to finish second in a field of eight teams.

The team's next challenge comes in February when they travel to Hanau for competition. Hanau finished first at the German-American match and Heidelberg came in third.

"Hopefully I can get the same four and seven more to fight at Hanau," said Kenneth. "Right now I have a total of 14

fighters and the team is growing steadily." This is Williams' first time out as a coach. "I was an assistant coach at Fort Hood for about 19 months but this is the first time I've been over a team as coach," he said. Williams is now into his second month as coach.

I would like to put Baumholder back on the boxing map, explained the fledgling coach.

"That's my goal. When I was boxing from '86 through '93, and I or any other fighter heard that a fighter was coming out of Baumholder, we knew he was good because he had community support and therefore was well trained, like Ray Mercer," said Kenneth. Mercer was a Baumholder fighter who went on to win a gold medal at the 1988 Olympics.

"I've been around the ring for about 30 years because my father was a boxer. I boxed for about 10 years and now I want to give something back to the community.

"I try not to recruit. If anyone is interested though, they are welcome to try out. The boxers have to want to do it on their own," said Kenneth.

Coach Kenneth encourages the leaders to come out and watch the fighters train and adds that training also helps improve a soldier's PT score.

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FSL meetings are scheduled 10 a.m. to noon Feb. 3, March 2 and April 6 in the ACS conference room.

The Foreign Born Spouses meet from 10 a.m. to noon Jan. 20 in the ACS conference room. Other upcoming meetings are scheduled for Feb. 3, 17; March 4, 18; and April 1, 15.

An Army Family Action Plan meeting is scheduled from 9 a.m. to 4 p.m. March 7 to 8. More information will follow.

A Family Support Group Train the Trainer session is scheduled from 9 a.m. to 2 p.m. March 22 in the Rheinlander.

ACS roundup

Family Support Leader meetings are now offered. It is a time for FSL's to exchange information, receive info from ACS, and set up training as needed. The Foreign Born Spouses are now meeting twice a month, with the first Thursday of the month being a training and personal development meeting and the third Thursday of the month being a more social gathering and discussion time. The train the trainer session March 22 is considered advanced Family Support Group training to train individuals to run their groups.

ACS classes

Army Community Services offers the following classes in February:

- Feb. 1, New Comer's Coffee
- Feb. 2, 16, Anger Management
- Feb. 2, Checkbook Management
- Feb. 3, 17, Child Safety
- Feb. 4, Make Your Portfolio
- Feb. 4, 18, Resumix
- Feb. 7, 14, Parenting Class
- Feb. 9, Conflict Resolution
- Feb. 10, 24, Story Hour (Library)
- Feb. 11, Employment Applications
- Feb. 14-18, Consumer Week
- Feb. 17, Foreign Born Spouses Club
- Feb. 18, Communication
- Feb. 23, Conflict Resolution
- Feb. 25, Interviewing

DODDS update

College night is for everyone

The Baumholder School Advisory Committee is soliciting participation from community agencies for their College Night April 5. High school officials hope to make this a beneficial night for high school students, parents, and soldiers who are thinking of continuing their education at the college level.

School closure days

There is no school for all Baumholder students Jan. 28 because of a teacher work day.

There is no school for students at Smith, Neubrücke Elementary Schools and Baumholder American High due to a teacher in-service day.

Education mil 485-7557

Baumholder's Adult Education Program is looking for teachers. If you can teach Typing/Keyboarding, English as a Second Language, Conversational French or Spanish, call Bill Badger at the education center today at mil 485-6487.

Don't pay someone else to figure your income tax.

Post Notes

Enroll in the Income Tax Seminar at the Baumholder Education Center today and learn to do it yourself.

Computer application courses are now available at the Baumholder Army Education Center. Get prepared for the technology of tomorrow, today.

The Emergency Medical Technician Course with Laboratory will be offered at Baumholder during the next college term. The prerequisite for this course is CPR Certification for Professionals. This course will be offered by the American Red Cross Jan. 29 and the cost is \$40. Call the Red Cross at mil 485-1760 to register.

Information

AAFES cleans up BDUs

The Army Air Force Exchange Service "Just BDU" program is now up and running.

For \$3.95, soldiers can have their uniforms cleaned at:

- Baumholder Shoppette/Gas Station, 24 hours, seven days a week
- Pulaski Shoppette/Gas Station 24 hours, seven days a week
- Ramstein North. Shoppette 24 hours, seven days a week
- Kapaun Shoppette, during normal operating hours, seven days a week

Commissaries close for President's Day

Baumholder, Idar-Oberstein and Neubrücke Commissaries will be closed Feb. 21 in observance of President's Day. For more information, call mil 485-6666/7148 or 06783-6-6666/7148.

Tax office opens for business.

The tax office, in Building 8670, opens for business Feb. 1 at 9 a.m. Persons who would like assistance with their tax preparation may call the tax office at mil 485-8229 for more information. Tax forms will be available starting Feb. 1.

Poster contest winners recognized

Winners of the recent Military Family Week Poster Contest are:

- Nicolas Hoff
- Breann Farrell
- Michael Perry Jr.
- Derek Smith
- Ashley Becker

The awards were presented by the Nahe Valley Warrant Officer's Association during Military Family Night.

Dr. Orange is speaker for MLK observance

The 222nd Base Support Battalion hosts the Dr. Martin Luther King Jr. Day observance Jan. 27 at 1 p.m. in the Baumholder American High School playhouse with Dr. James Orange of Atlanta, Ga. as the guest speaker. Dr. Orange accompanied Dr. King on April 4, 1968, when he was assassinated in Memphis, Tenn.

La Leche League meets

Mothers who wish to breast-feed their babies will find encouragement and information at the monthly meetings for Baumholder's La Leche League. The group meets at 10 a.m. the second Tuesday of every month in Neubrücke housing, Building 9986, Apt. 1-B and the next meeting is scheduled for Feb. 8. For details, call civ. (06782) 980109.

Job Corner

Local national positions

The following local national jobs are available at Baumholder, Neubrücke and Idar-Oberstein:

Store Worker, pay grade 2 and 3, closing date is March 31, 2000

Sales Store Checker, pay grade 2, 3 and 4, closing date is March 31, 2000

For more information on these positions, call mil 485-6590, or civ (06783) 6-6590.

NAF jobs

The following nonappropriated funds positions are available in the Baumholder community at the indicated locations:

Smith, Wetzel, Dispensary, Strassburg CDCs

Child and Youth Program Assistant, flexible, \$7.20 per hour, open continuous

Rec Emporium

Recreation Aid (fitness), flexible, \$5.50 per hour, open continuous

Rod and Gun Club

Bar Assistant, flexible, \$5.92 per hour, open until filled

Iron Works

Waiter/Waitress, flexible, \$5.92 per hour, open until filled

Bar Assistant, flexible, \$5.92 per hour, open until filled

Food Service Worker, flexible, \$5.92 per hour, open until filled

Bowling Center

Bowling equipment repair person, regular full time, \$8.50, open until filled

Food Service Worker, flexible, \$5.92 per hour, open until filled

For more information on these job opportunities, call the Nonappropriated Funds Civilian Personnel Office at 485-6566.

Appropriated funds positions

Attorney-Advisor (General) GS-12, open until filled

Assistant Child Development Center Director, GS-7, open until filled

AAFES has job opportunities

The Army and Air Force Exchange Service at Baumholder has continuous openings at all of its facilities for custodial workers, warehouse workers, retail cashiers, food service workers and customer service. For more information call the AAFES Human Resource Office at mil 485-7334, or civ (06783) 3086.

Volunteer office has opportunities

All persons interested in volunteering are welcome to stop by the Installation Volunteer Coordinator's Office in the Army Community Services hallway, Building 8746, office 9 for information about volunteering anywhere in the Baumholder military community. For more information, contact Jennifer Legg, installation volunteer coordinator, at mil 485-6565/6468 or civ (06783) 6-6565/6468.

MWR

MWR roundup

BINGO returns every Tuesday and Thursday to Baumholder's Iron Works at 6 p.m. starting Feb. 22. Call mil 485-6961 or civ 06783-6-6961 for more details.

Sports shorts

Baumholder hosts the following events in the coming months:

Root for your favorite Unit Level Basketball Team during the 222nd BSB Unit Level Basketball Championship Feb. 7 to 10 at the Hall of Champions. The top two teams will advance to the 104th Area Support Group Unit Level Basketball Championship in Hanau Feb. 18 to 20.

The US Forces Europe Racquetball Championship is Feb. 12-13 at the Mountaineer Fitness Center. Entry fee is \$15 and various age divisions will be offered. Register by calling the Sports Office at mil 485-7176 or Mario Garden at mil 485-6115.

The 222nd BSB Unit Level Racquetball League starts Feb. 14. Only three players are needed from each unit to form a team. Contact the 222nd BSB Sports Office, at mil. 485-7176, for more information.

The Baumholder Unit Level Basketball championship starts Feb. 14. All teams that played during the regular season will be eligible.

Those who wish to participate should contact the Sports Office by Feb. 7. The top two teams will represent Baumholder in the 104th ASG championship Feb. 25 to 27.

An aerobathon is scheduled for Feb. 26. More details will follow.

Home games for the men's and women's Community level Basketball teams are Feb. 5 against Hanau, Feb. 10 against Darmstadt and Feb. 13 against SHAPE.

Get fit with Tae Kwon Do at the Fitness Studio every Monday, Wednesday and Friday evening. Children's classes are offered from 6:30 - 7:30 p.m. and adults get their chance from 7:30 - 8:30 p.m. Contact the Baumholder Fitness Studio, at 485-6156, for more information.

Arts and Crafts

The following activities are offered at the Keep-sake Arts and Crafts Center in February:

Valentine molds are at half price.

Mondays, Tuesdays, Closed

Wednesday through Sunday, Frame, Retail and Ceramic Shops open

Thursdays, Sundays, Parent Child Clay Play Day; free pouring, 10 cents per inch firing.

Feb. 2, 16, Basic Framing

Feb. 9, Advanced Matting

Feb. 11, Ceramic Pouring Class

Feb. 12, Quilting Flying Geese/Log Cabin quilt blocks

Feb. 18, Half price Ceramic Firing

Feb. 19, Clay Tile Workshop

Feb. 26, Baby Quilt Class

MWR highlights

The annual Sweetheart Bazaar is Jan. 28 through 30 in the Hall of Champions and Rheinlander.

Head back to the '70s during Rock'n'Bowl Jan. 26, Feb. 9 and 23 at the Baumholder Bowling Center. Enjoy bowling 75 cents games while listening to all of your favorite '70s tunes. Dollar Days are Feb. 2, 16.

Keepsake Arts and Crafts is looking for instructors for their framing, quilting, ceramics classes and more. Give them a call for more information.

Care for you ski equipment

Baumholder Outdoor Recreation offers all types of ski and snowboard repairs and maintenance including: base repair, base sanding and edging, waxing, and binding testing. All of these services are offered on a same day basis — drop your skis or snowboard off before noon and pick them up again after 5 p.m. that same day. Call Outdoor Recreation at mil 485-7182 for more information on their ski and snowboard services.

Hit the slopes with Outdoor Rec

Outdoor recreation offers the following trips in February:

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Feb. 5, ski trip to Feldberg, Black Forest

Feb. 18 to 21, ski trip with two overnights to Dorfgasstein, Austria

Feb. 26, ski trip to Feldberg, Black Forest

Take advantage of Outdoor Recreation's same day ski and snowboard maintenance and repair before taking off on any of these trips.

Take care of your heart for Valentine's Day

The Baumholder Fitness Studio presents the Healthy Heart Aerobathon Feb. 26 from 2 to 6 p.m. Participants will be able to get their hearts pumping as they enjoy a day of fun and fitness featuring several different kinds of continuous aerobic demonstrations. Participants will also be able to visit a variety of fitness and wellness booths to pick up tips on keeping themselves at their healthiest. All of this fun takes place at Baumholder's hall of Champions in Smith Barracks. The Healthy Heart Aerobathon is open to everyone, Military identification card holders pay \$5, others pay \$10 per person.

Call the Fitness Studio at mil 485-5156 for more information.

Splash splash and get fit

Splash your way to a better body during Water Aerobics every Tuesday and Thursday evening from 7 to 8 p.m. at the Baumholder indoor pool.

Step up to good health at Mountaineer

Step aerobics is offered at the Mountaineer Fitness Center Tuesdays and Fridays from 9:30 to 11 a.m. Each class is \$3 or buy 10 classes for \$25. Call the Fitness Studio for more information at mil 485-6156.

Club action at a glance

Mondays, Fridays, lunch, Mel's Diner

Wednesdays, Saturdays, dinner at Rudy's

Wednesdays, Sundays, breakfast, Rod and Gun

Wednesdays, Sundays, dinner, Rod and Gun

Sundays and Tuesdays, football, Iron Works

Wednesdays, Fridays, lunch, Rod and Gun

Wednesdays, Darts at Rudy's, 8 p.m.

Thursdays, pool tourney at Rudy's, 8 p.m.

Thursdays, Iron Single Soldier Night, Iron Works

Thursdays, oldies but goodies, Iron Works

Fridays, late night dinner, Mel's Diner

Fridays, R&B night, Iron Works, 9 p.m. to 4 a.m.

Fridays, TGIF at the BUB, Rheinlander

Fridays, dinner, Rheinlander

Fridays, band or DJ, Rod and Gun (call 485-6345 for a listing)

Saturdays, band or DJ, Rod and Gun (call 485-6345 for a listing)

Saturdays, early morning breakfast, Mel's Diner

Note: The Iron Works is available for unit functions. Give them a call at mil 485-6961 for more information.

Enjoy a night of bowling

The Baumholder Bowling Center offers all sorts of weekly specials. Enjoy Nifty Fifties every Tuesday from 4-11 p.m. All games, hot dogs and French fries are just 50 cents a piece. Wednesdays are Dollar Days. Each game costs just \$1 all day long. On Saturdays, kids 12 and under can bowl for just 75 cents per game. Saturday night brings Moonlight Bowling from 10 p.m.-1 a.m. On Sundays, kids 12 and under receive a free hotdog for every three games they play. Call the Baumholder Bowling Center for information on reserving lanes for parties, family support group or unit functions and more. The center

is open Mondays from 4-11 p.m.; Tuesdays and Thursdays from 11 a.m.-11 p.m.; Fridays and Saturdays from 11 a.m.-1 a.m.; and Sundays and holidays from 1-9 p.m.

Youth Services roundup

Smith Youth Services

Feb. 2, Black History Program sign-up

Feb. 3, Black History Bowl sign-up

Feb. 4, Valentine's dance, 7 - 10 p.m. \$5

Feb. 14, Valentine's party

Feb. 15, Learn About Our President's Day

Feb. 17, Lip sync contest

Feb. 18, Black History Bowl

Feb. 22, Spelling Bee

Feb. 24, Black History Bowl

Feb. 25, Parent's Night Out, 7 p.m. to midnight, \$7

Feb. 29, Make a Difference Day (Do something to help the community)

Red Cross
mil 485-1760/6313

Give the gift of life

The next Red Cross Blood Drive is Feb. 29 from 10 a.m. to 3 p.m. at the Hall of Champions. Those interested in volunteering may contact the Red Cross at mil 485-1760 or stop by the Hall of Champions Feb. 29 to donate the precious gift of life.

Healthy Pregnancy, Healthy Baby Course

The next Healthy Pregnancy, Healthy Baby Course is Feb. 25 and 26 and March 17 and 18 from 6-9 p.m. Saturdays and 9 a.m. to 3 p.m. Saturdays.

Red Cross Baby Sitting Course

The next Red Cross Baby Sitting Course is March 24 and 25 from 6-9 p.m. Saturdays and 9 a.m. to 3 p.m. Saturdays.

CPR for the Professional Rescuer

The next CPR for the Professional Rescuer Course is scheduled Jan. 28 and 29. The purpose of the course is to teach professional rescuers (those with a duty to respond) the skills needed to respond appropriately to respiratory and cardiac emergencies.

Red Cross has new emergency numbers

The American Red Cross has new emergency after hour telephone numbers. Their new emergency assistance numbers are mil 431-2334, or civ 07031-15-334.

The Baumholder Red Cross will maintain their regular phone numbers during normal operating hours. Their hours are Mondays through Fridays from 8 a.m. to 4:30 p.m. (except holidays) and their telephone numbers are mil 485-1760/6313, or civ (06783) 6-1760/6313.

Community First Aid and Safety

The next Community First Aid and Safety Course is Feb. 11 and 12; and March 10 and 11 from 6-9 p.m. Fridays and 9 a.m. to 3 p.m. Saturdays. The cost is \$30.

Volunteer Orientation

Persons interested in volunteering for the American Red Cross are welcome to attend the next volunteer orientations Feb. 15 at 9 a.m. in the Red Cross office.

Red Cross offers Disaster training program

The Baumholder American Red Cross Disaster Program is looking for motivated people who have six to 16 hours a month free. If you are interested in how The Red Cross handles major disasters contact Wayne Rogers mil 485-6181 or the American Red Cross office at mil 485-1760.